

Aren't they going glam **GORGEOUSLY?**

For years, their red-carpet style didn't always live up to their A-list talents - but now our favourite

Brit stars have serious Hollywood gloss. *Julia Neel* finds out how they did it



Dame Helen Mirren

OLD STYLE Frumpy, mismatched outfits. **NEW STYLE** Sexy and confident, says stylist Kim Hersov, in 'beautifully cut dresses' such as this Jenny Packham gown (above right), which she wore at the recent Golden Globes ceremony. **HAIR** Cut to a flattering length and softly coloured to suit her skin tone. 'The ash blonde blends in with her natural grey for the ultimate "Does-she-or-doesn't-she-have-colour?" look,' says master technician Bantika Robson at Josh Wood Atelier. **SKIN** Her clear complexion could be down to regular use of sunscreen - and

perhaps light chemical peels to banish uneven pigmentation,' says cosmetic dermatologist Dr Sam Bunting. **MAKE-UP** 'She skips black eyeliner in favour of a gunmetal grey, which is better for brightening her eyes,' says Mac's director of make-up artistry Terry Barber. 'And she uses a minimum of foundation, avoiding the no-no of maximum coverage on older skin.' **EXERCISE** At 68, Helen stays in shape with the Royal Canadian Air Force's Five Basic Exercises routine which 'combines resistance and high-intensity interval training,' says exercise expert Niki Rein.

Emma Thompson

OLD STYLE She once described herself as 'a bit fashion-challenged'. **NEW STYLE** Slim and elegant in figure-hugging pieces, such as the vintage Lanvin bodice and skirt (above right) she wore to the Golden Globes. **HAIR** 'She's had her hair cut into a soft bob, which makes her look younger and shows off her great bone structure,' says Miguel Perez, hairstylist at Josh Wood Atelier. **SKIN** While Emma, who's 54, clearly doesn't use Botox, her skin glows 'which could be achieved very

easily with high-quality medigrade skincare such as Obagi Nu-Derm,' says Dr Sam Bunting. **MAKE-UP** Emma plays up her eyes with smoky eyeliner and false lashes and keeps her lips nude, according to Terry Barber. **EXERCISE** Emma keeps trim with regular running - she hates gyms. 'You can tell that she doesn't go for endless slow jogs,' says Niki Rein. 'She clearly runs for less than 30 minutes and ups the pace at intervals, resulting in toned arms and legs and a cinched-in waistline.'



Dame Judi Dench

OLD STYLE Dowdy suits. **NEW STYLE** Modern and on-trend in floor-sweeping column dresses and full-length coats, which create a long, lean line to give the illusion of height (she's just 5ft 11in). **HAIR** 'A shorter style is best for Judi as her hair is quite fine, and it opens up her face, keeping her looking fresh, fun and youthful,' says Miguel Perez. Colour is painted on freehand to brighten it. **SKIN** 'Everything moves, suggesting Judi is not interested in Botox and fillers, and she hasn't gone in for

aggressive laser therapy to erase her lines, an approach that has left many of her American counterparts looking waxy and glazed,' says Dr Sam Bunting. She suggests that Judi, who's 79, could be having medical needling to stimulate collagen and elastin and keep her skin looking firm and springy. **MAKE-UP** 'Judi is very clever with colour,' says Terry Barber. 'She uses a strawberry-blonde pencil to enhance her brows, which opens her eyes and complements the rosy tones in her hair.'

Miranda Hart

OLD STYLE Badly-fitting trouser suits. **NEW STYLE** After hiring stylist Angie Smith to overhaul her look, Miranda, 41, now opts for well-cut pieces such as this Alexander McQueen jacket and Joseph trousers (above right). 'Flat shoes downplay her height, while a high neckline eliminates the

'giraffe-neck' effect,' says Kim Hersov. **HAIR** A swept-back style and lowlights 'make hair appear thicker,' says Miguel Perez. **SKIN** Self-tan adds 'a hint of colour,' says tanning master James Read. **EXERCISE** She's trimmed down with her own *Maracattack* DVD workout.

PS The Duchess of Cornwall

Speaking of glamorous makeovers, we've also noticed that Camilla is looking better at 66 than she did 20 years ago. A good haircut, beautiful clothes and bee-venom facials undoubtedly help, but more than anything she's happy, and that knocks years off a woman's face.

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